

Does Latin America, perhaps, needs a group in charge of promoting the deceleration of time within their people?

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It's true that this phenomenon, the acceleration and stress of society, occurs in Latin America in less proportion than in Europe, but exists as well in certain segments of the Latin American population where people get and feel that stress and fast pace of today's global system. Some persons acquire psychological and physiological illnesses, others are prolonging their retirement until their late 60's or 70's, and others just finish their work's day in the domestic violence. So this all leads me to the conclusion that though it affects a smaller segment of people here in Latin America, it does not mean that we don't have that problem here, but as a matter of fact it increases every year.

What we should do is to specify to people that when we talk about deceleration, we're not associating it with irresponsibility or laziness, we're not trying to tell people to work less but better, and I mean better organized in order to achieve better results, listening to ourselves, to our bodies and resting when you need it, giving yourself a minute to analyze your actions and thoughts, and remember the phrase ... "slowly but safely".

It's clear that European and South American societies are different. Their life styles are different because of their cultures, generally with different perspectives and points of view. But even with all these differences between them, our societies do have one common element : globalization. This phenomenon didn't only bring the big corporations and brand names around the globe, but also the methodology and philosophy of its own.

All these changes can be seen by many mere aspects of the process, the same process that brings progress, in their view, to the people; and that progress is often seen as a synonym for success. I agree with the idea that progress means success, and that each individual searches for success, just in different levels. I also agree that companies and corporations bring with them money, and that money, or some of it, will be a successful thing for some people (employees, etc.). At the same time, when globalization is taking over everywhere in the world, this new system keeps accelerating our lives, I pose a question: Is the acceleration of our lives the only way to find success?

In the Latin American case, particularly Perú, the segment that experiences an increasingly faster way of life is the minority, while there's a majority with very different expectations.. These days, violence, perversion and chaos stopped being something common only in the lower classes as we used to believe, but now you can find those kind of crimes in families from upper classes, where both parents work. All this acceleration in our life rhythm put us in a reality where we live almost in chaos, where people get mad at other people for any reasons, traffic, arguments, stress, this is all the results of this system also.

In our case the Latin American countries still keep many different customs and ways of life that western civilization haven't changed yet. So we should take these customs and learn something from them. There has to be something there so help us, to teach us how to decelerate our lives, so we can use this knowledge to get something positive out of it. For other way we must to change other customs and prevent others too.

I think the connection between different continents would help us to take this concept to a higher level, and also the ideas and experiences we share will mean another tool to use for the well being of us all.

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